

LOŠINJ VITALITY WEEKEND



9.-11.6.

LOST IN
beauty
LOŠINJ*

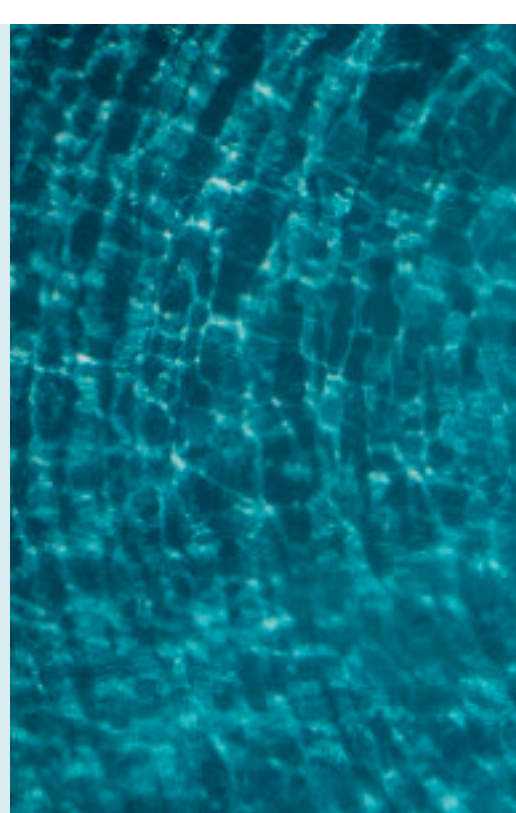
9 June FRIDAY

- 8:00 a.m. - 8:30 a.m. **Breathe in Lošinj!** - breathing exercises, *Health Resort Veli Lošinj, Pod javori Forest Park* +385 51 236 111
- 9:00 a.m. - 1:00 p.m. **Let's get to know the undersea world!** - diving for beginners (Lošinjski akvatorij), *SubSeaSon, Mali Lošinj – departure from the harbour* + 385 98 294 887
- 12:30 p.m. – 4:30 p.m. **Beach volleyball,** *HS Ambroz Haračić, volleyball court between Aurora and Vespera hotels, Mali Lošinj* +385 99 502 26 77
- 3:00 p.m. - 5:00 p.m. **Driftwood painting workshop,** *Health Resort Veli Lošinj* +385 51 236 111
- 5:30 p.m. - 9:00 p.m. **Sunset path** - ascent to Sveti Ivan and Umpiljak *(Theme viewpoint Providenca), PD Osoršćica, departure from Valdarke bay (Mali Lošinj)* +385 98 424 137
- 5:00 p.m. - 7:00 p.m. **Mini run** - children's race, *Athletic Club, Veli Žal Beach, Mali Lošinj,* +385 98 188 27 65
- 6:30 p.m. - 7:30 p.m. **Pilates** – the body as a prop, *Studio Body & Mind - Enia Mužić, the plateau between Aurora and Vespera hotels, Mali Lošinj* +385 99 687 98 01



10 June SATURDAY

- 9:00 a.m. - 10:00 a.m. **Full Body Workout,** *Body & Mind Factory – Dejanira Žuklič, the plateau between Aurora and Vespera hotels, Mali Lošinj* +385 95 806 61 71
- 10:00 a.m. - 11:30 a.m. **Yoga in nature,** *Studio Vita - Diana Lovrin, Zlatna uvala Beach, Mali Lošinj* +385 98 962 50 57
- 3:00 p.m. - 4:30 p.m. **Forest therapy,** *Health Resort Veli Lošinj, Pod javori Forest Park* +385 51 236 111
- 5:00 p.m. - 6:00 p.m. **Aromatherapy workshop,** *Health Resort Veli Lošinj,* +385 51 236 111
- 6:00 p.m. - 8:30 p.m. **Lošinj wellness in nature,** *Maja Sakač, Zlatna uvala Beach, Mali Lošinj* +385 99 699 37 74



11 June SUNDAY

- 9:00 a.m. - 11:30 a.m. **Lošinj wellness in nature,** *Maja Sakač, Zlatna uvala Beach, Mali Lošinj* +385 99 699 37 74
- 10:00 a.m. - 10:30 a.m. **Treasure hunt** – children's game, *Health Resort Veli Lošinj, Pod javori Forest Park* +385 51 236 111
- 10:00 a.m. - 11:00 a.m. **Fragrant walk,** *Fragrant Garden, Mali Lošinj* +385 98 326 519
- 4:00 p.m. - 5:30 p.m. **Stand Up Paddle tour,** *Sunbird centre, Čikat Bay, Mali Lošinj* +385 91 528 39 63
- 5:00 p.m. - 6:00 p.m. **Workshop: First aid in nature,** *Health Resort Veli Lošinj* +385 51 236 111

#VisitLosinj #LosinjVitalityWeekend #GlobalWellnessDay

Please note the following:

- *participation is free of charge and open to locals and tourists
- *the number of participants is limited, so it is necessary to reserve your spot by contacting the telephone numbers provided
- *pay attention to appropriate clothing/equipment (it is best to seek advice by contacting the telephone numbers provided)
- *event schedules are subject to change.