



KVARNER REGION TOURIST BOARD
KVARNER
Diversity is beautiful

CROATIA
Full of life



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KVARNER REGION / PRIMORJE-GORSKI KOTAR COUNTY

Kvarner welcomes you back

Kvarner has always been a place where people come to improve their health. As early as the 19th century, well-known Kvarner destinations were declared official health resorts of the Austro-Hungarian Monarchy. Back then, it was customary to give members of the nobility a 'medical referral' for a stay in Kvarner as a therapy for various mental and physical conditions. Today, the region's climatic benefits, combined with its Mediterranean diet and opportunities for healthy activities, are known as the Kvarner Effect, which you will surely get to know during your stay in Kvarner.

The reason why we are addressing you is the unavoidable topic of COVID-19, because we are guided by the motto 'The greatest wealth is health'.

Croatia and the Kvarner region have not been spared by the COVID-19 pandemic, but we are keen to point out that in this previously unimaginable situation all key institutions were very well organised. **Therefore, we are proud to bring you the statement of the leaders of the regional epidemiological department:**

The COVID-19 pandemic has posed unprecedented challenges to health systems and had extremely serious socio-economic consequences in Europe and around the world. The restrictive measures taken were necessary to slow the spread of this previously unknown virus and save human lives. The Republic of Croatia, and especially the County of Primorje-Gorski Kotar, have excelled in the management of the COVID-19 epidemic and achieved outstanding results, which have been recognised at a global level. This is shown by an incidence rate of 53.9 and mortality rate of 2.3 per 100,000 inhabitants in Croatia. Even better is Primorje-Gorski Kotar County, where there was no local transmission of the disease during the epidemic, and the incidence rate was only 25.33 per 100,000 inhabitants. Unfortunately, one person died. The extremely favourable epidemiological situation can be attributed to the traditionally high level of health and hygiene, the cooperation of the population, and the institutional structure of a health system based on the tradition and organisation of preventive and population medicine. Croatia is the home of the renowned leader and promoter of preventive medicine and the first president of the Assembly of the World Health Organization, Andrija Štampar. His successors in professional and humanistic health work today still lead Croatian healthcare at the national and local levels, fostering the principle of access to healthcare for every person. As part of their regular activities, healthcare institutions in the public healthcare system also take care of health and safety in the population and environment as a precondition for the safe performance of tourist activities. In addition to health and safety, more and more attention is being paid to the quality of services. A very pleasant natural environment and climatic conditions that are beneficial to human health significantly contribute to this. For the same reasons, the region traditionally offers and implements a range of health tourism, spa and wellness services.

Dr. Dobrica Rončević, specialist epidemiologist
Head of the Epidemiological Department of the Teaching Institute of Public Health of Primorje-Gorski Kotar County

Vedrana Jurčević Podobnik, M.Sc. dipl. sanit. eng.
Head of the Department for Hygiene-Epidemiological Surveillance and Sampling



Croatia has had almost 20 times fewer cases of coronavirus compared to certain other European countries. Due to its excellent epidemiological situation, Kvarner is a safe and desirable tourist destination.

Many hotels, campsites, marinas, apartments, holiday homes and other accommodation facilities have opened again, as have numerous restaurants and cafés, beaches, parks and outdoor recreational facilities. There are no restrictions on passenger transport within the country.

The Kvarner region is easily accessible by car, and the drive through its landscapes is pleasant and offers you interesting places to stop during the journey to your destination. Air traffic and train connections are now being re-established.

In order for you to cross the Croatian border more simply and safely, a short online form has been created, which can be filled out at entercroatia.mup.hr. In the reply, you will also receive basic epidemiological recommendations.

The Republic of Croatia does NOT require a Covid test to enter the country, nor does it prescribe self-isolation measures.

You will feel safe during your stay in Kvarner, because there is very well-organised medical infrastructure, and the region's many years of experience and tradition in health tourism have made a great contribution to the organised implementation of protective measures. The most important medical institutions are united in the Kvarner Health Tourism Cluster under the name Kvarner Health (www.kvarnerhealth.hr), where the medical profession combines its knowledge and practice with that of scientific, educational and tourist bodies.

All important information can be found at:

www.koronavirus.hr

www.hzjz.hr/sluzba-epidemiologija-zarazne-bolesti/koronavirus-najnovije-preporuke

We feel confident that the COVID-19 pandemic is behind us and look forward to welcoming you to our beautiful destination, always bearing in mind the motto 'Safety first'.

Thank you for being responsible!

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**KVARNER
HEALTH**